



Stour Valley Path 100km Ultra Run

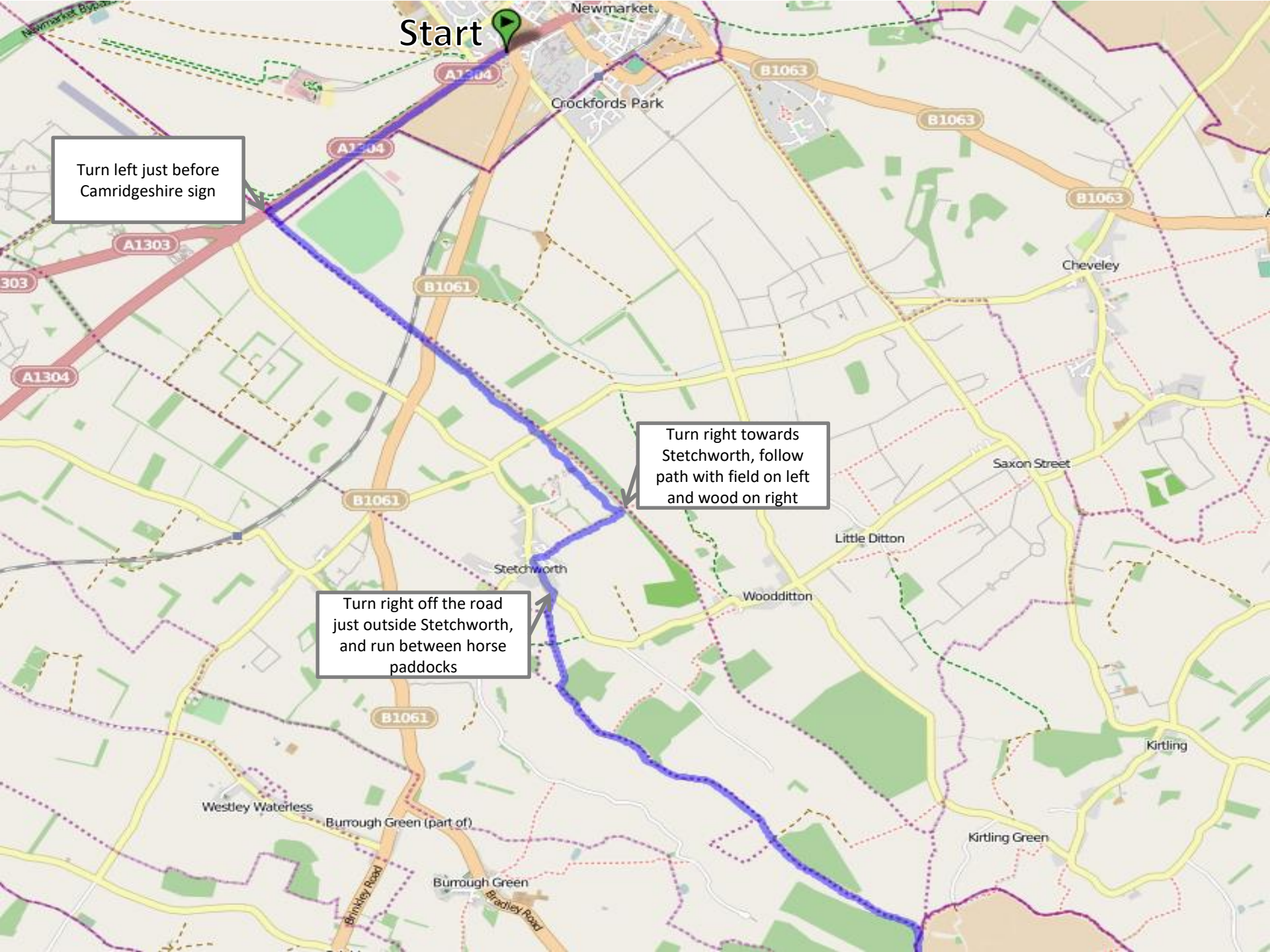


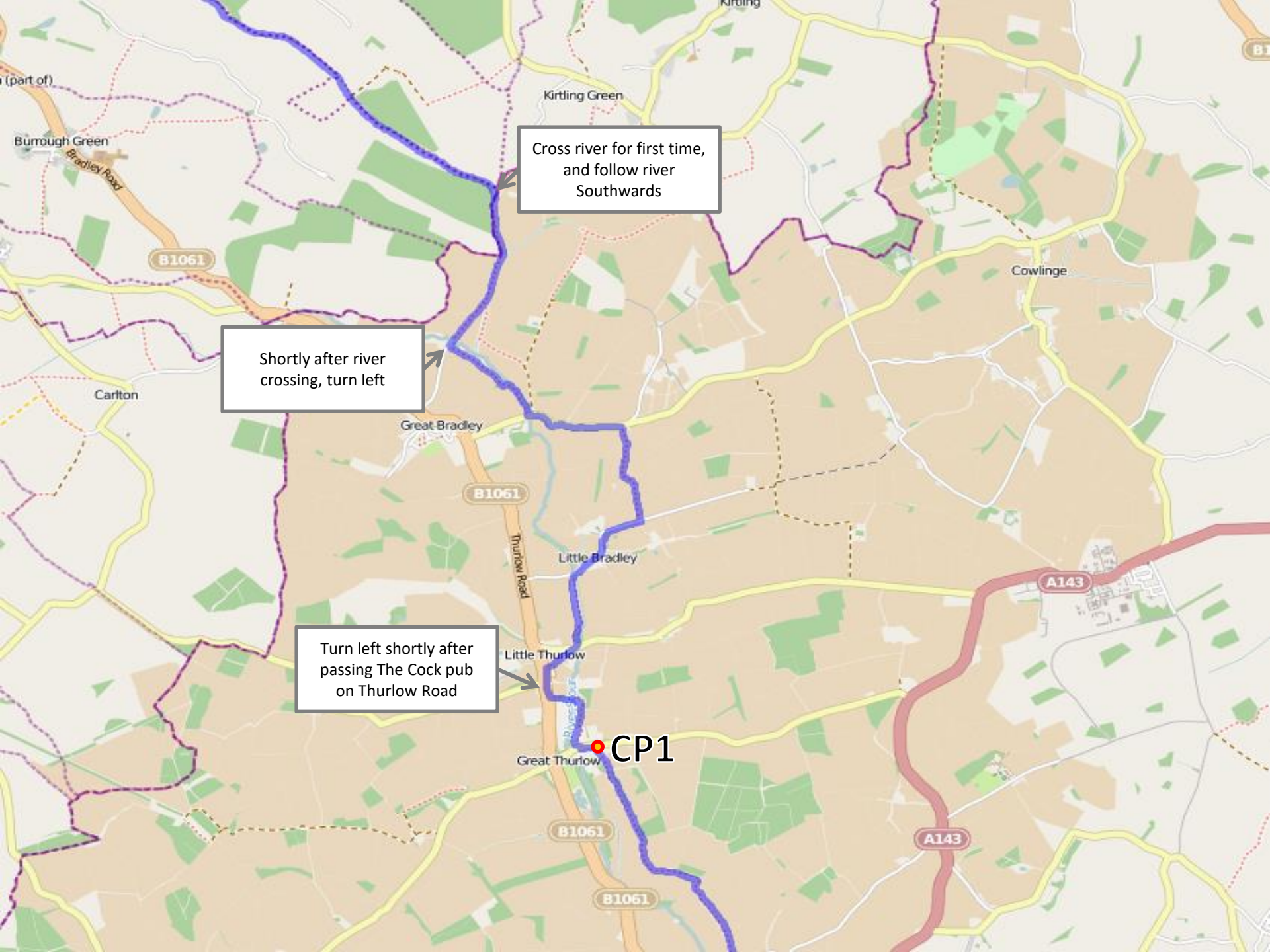
Start

Turn left just before
Cambridgeshire sign

Turn right towards
Stetchworth, follow
path with field on left
and wood on right

Turn right off the road
just outside Stetchworth,
and run between horse
paddocks



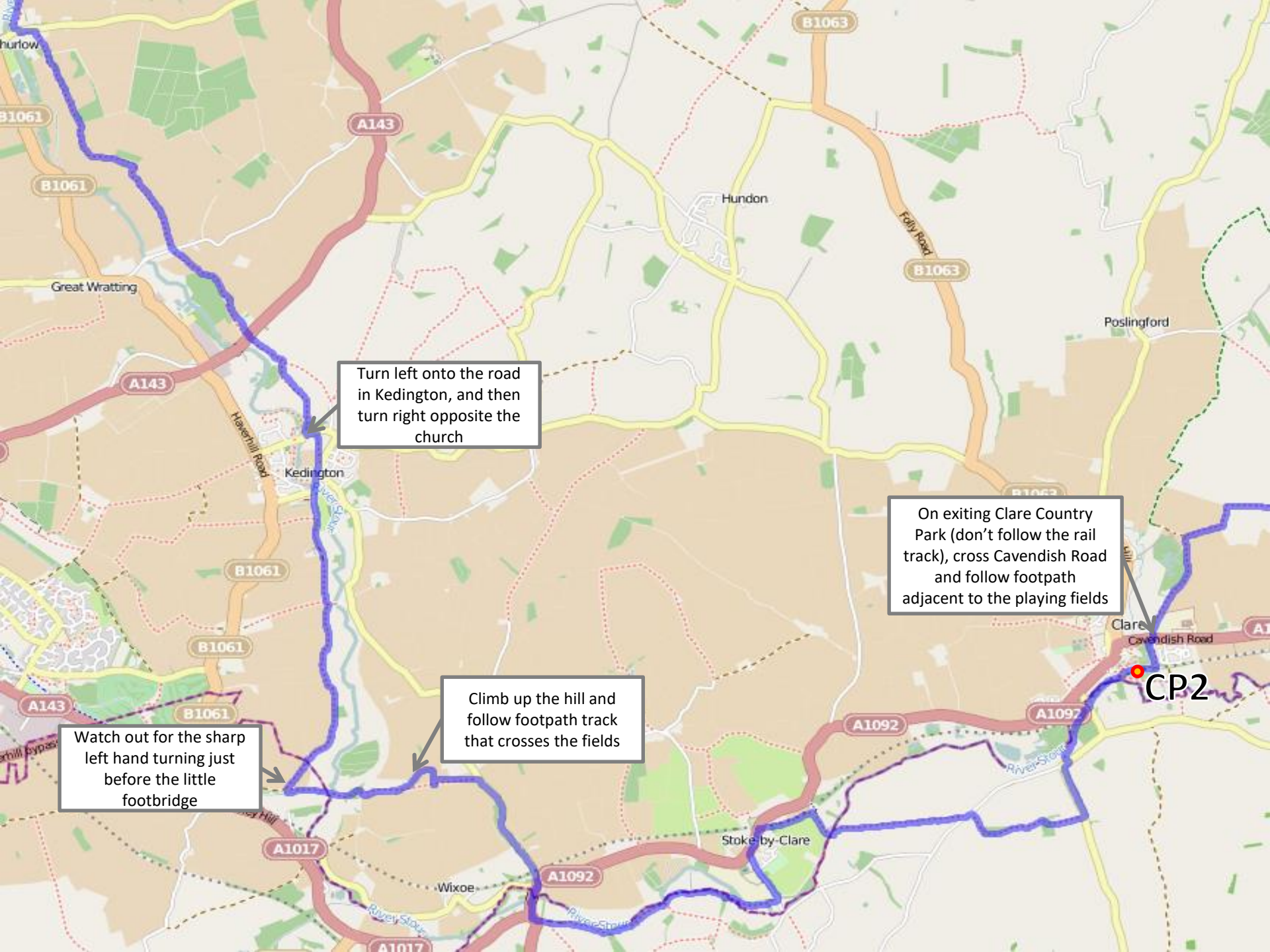


Cross river for first time,
and follow river
Southwards

Shortly after river
crossing, turn left

Turn left shortly after
passing The Cock pub
on Thurlow Road

CP1



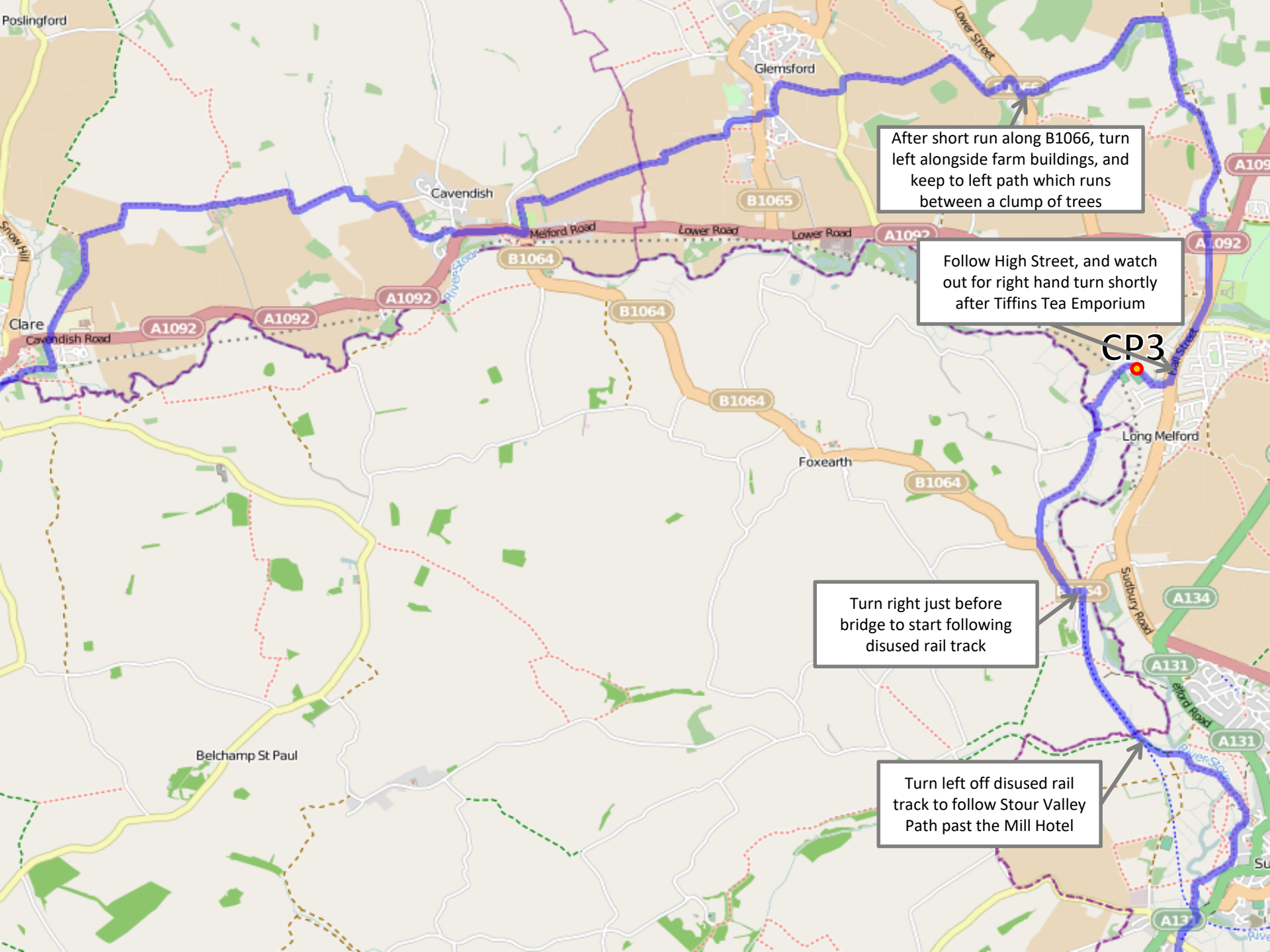
Turn left onto the road
in Kedington, and then
turn right opposite the
church

On exiting Clare Country
Park (don't follow the rail
track), cross Cavendish Road
and follow footpath
adjacent to the playing fields

Watch out for the sharp
left hand turning just
before the little
footbridge

Climb up the hill and
follow footpath track
that crosses the fields

CP2



After short run along B1066, turn left alongside farm buildings, and keep to left path which runs between a clump of trees

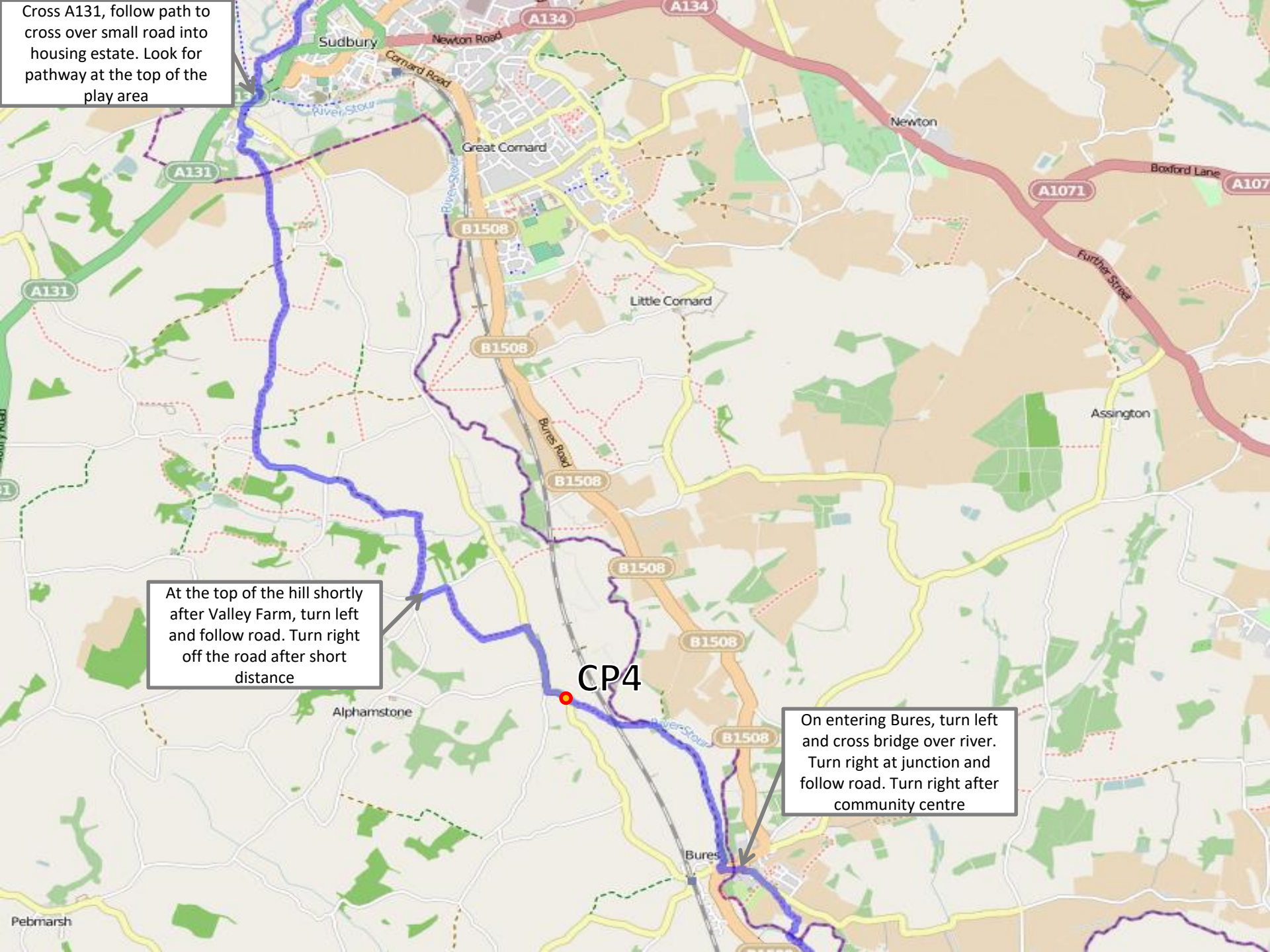
Follow High Street, and watch out for right hand turn shortly after Tiffins Tea Emporium

CP3

Turn right just before bridge to start following disused rail track

Turn left off disused rail track to follow Stour Valley Path past the Mill Hotel

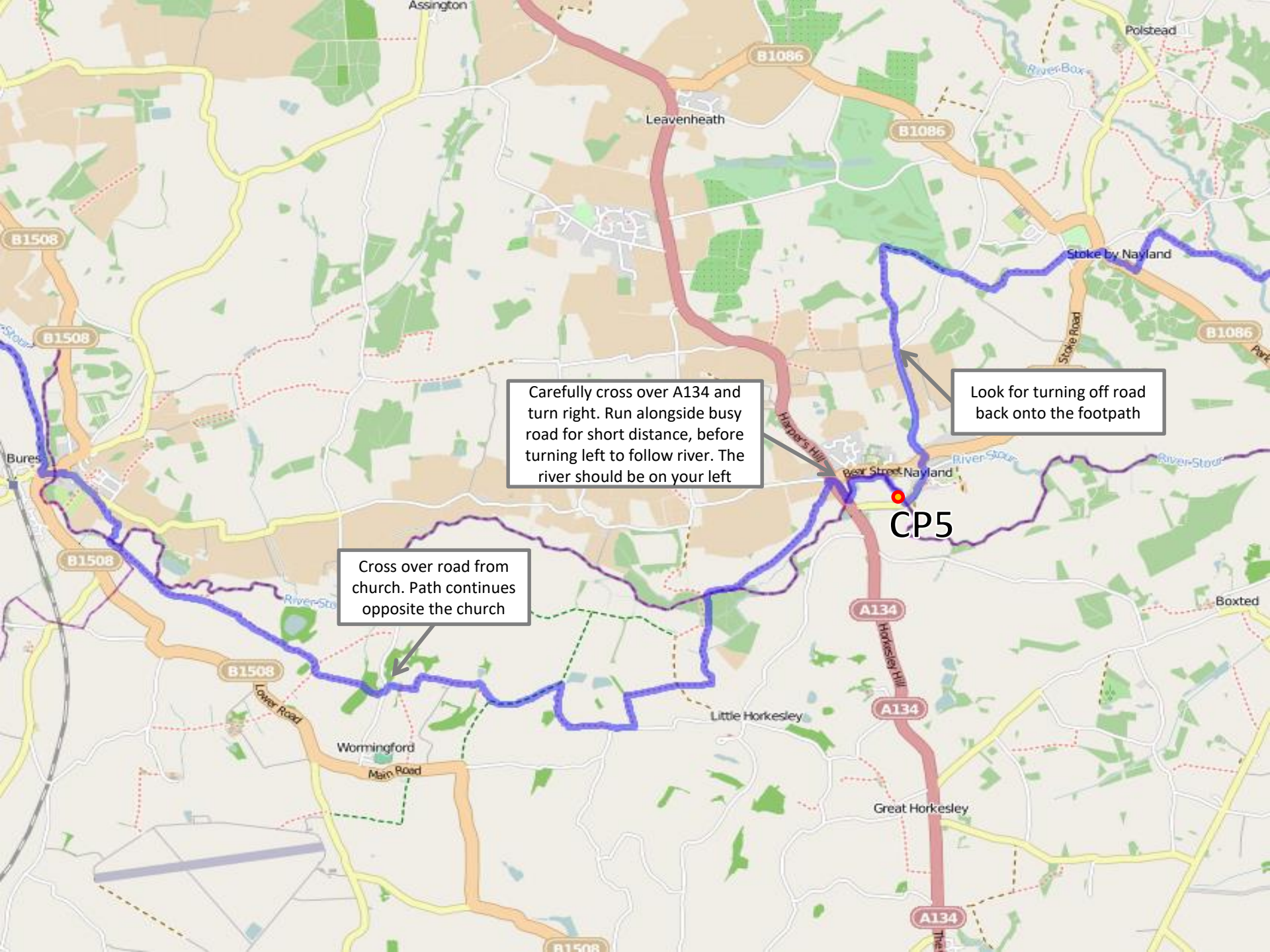
Cross A131, follow path to cross over small road into housing estate. Look for pathway at the top of the play area



At the top of the hill shortly after Valley Farm, turn left and follow road. Turn right off the road after short distance

CP4

On entering Bures, turn left and cross bridge over river. Turn right at junction and follow road. Turn right after community centre

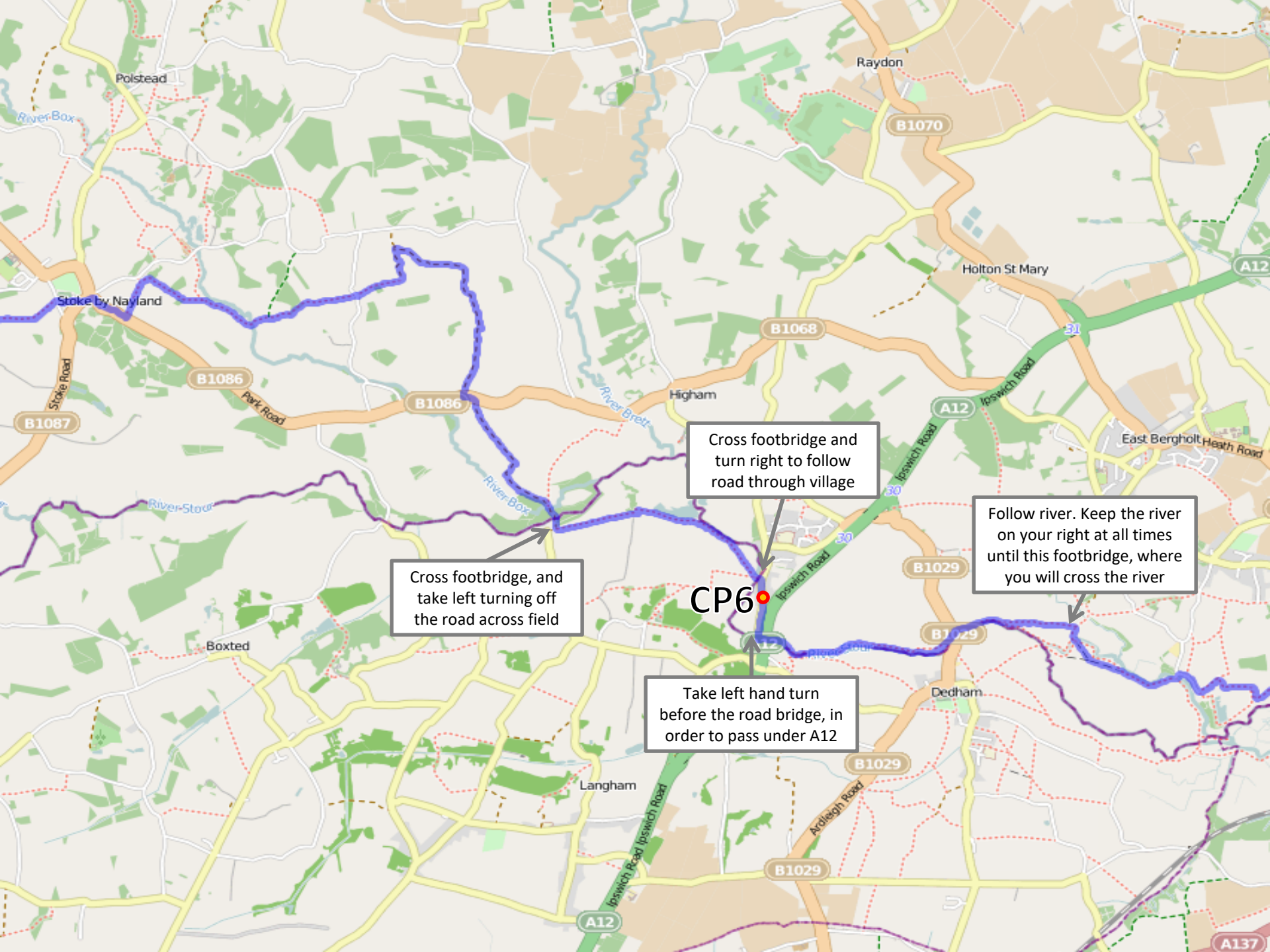


Carefully cross over A134 and turn right. Run alongside busy road for short distance, before turning left to follow river. The river should be on your left

Look for turning off road back onto the footpath

Cross over road from church. Path continues opposite the church

CP5



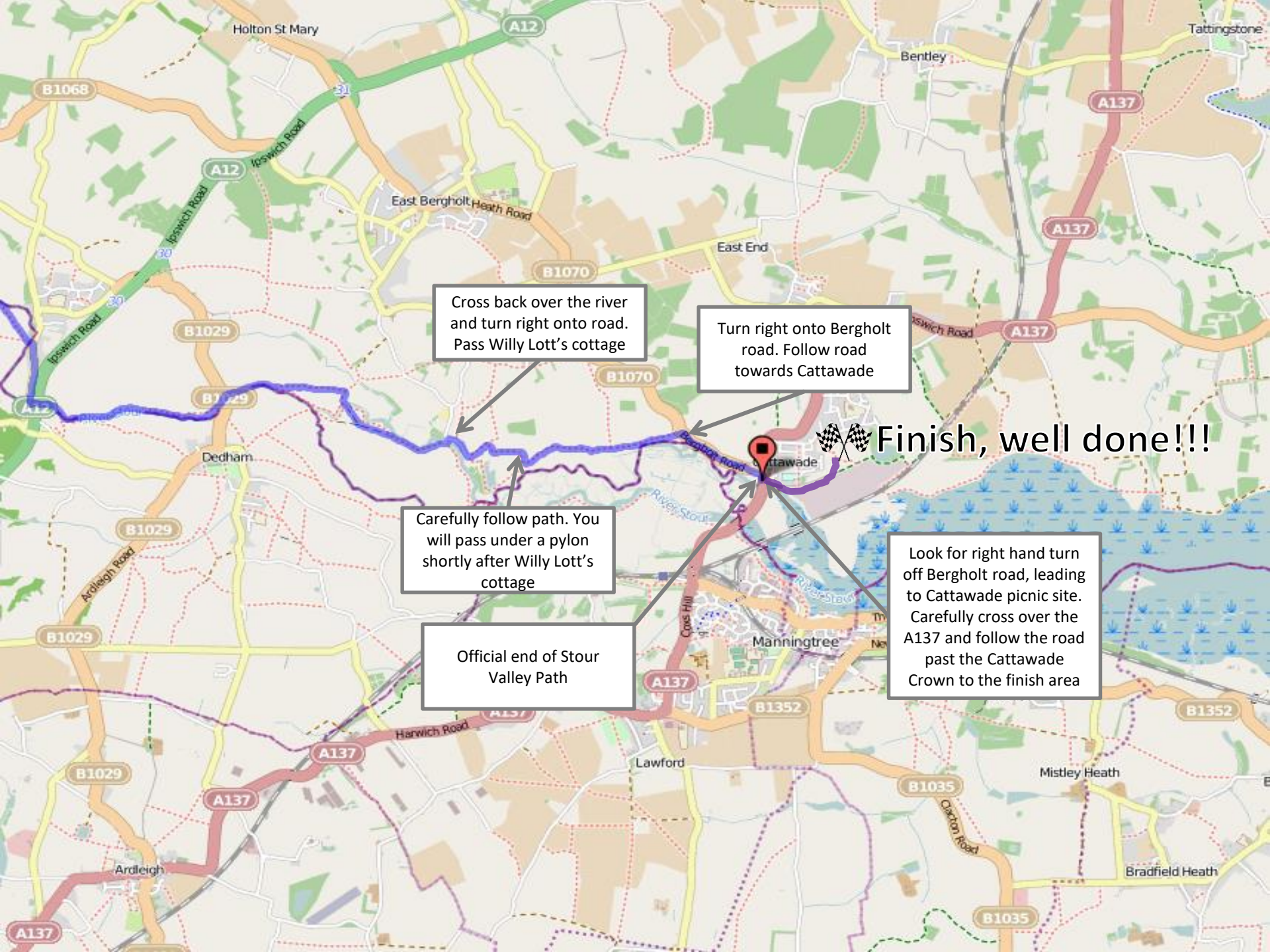
Cross footbridge and
turn right to follow
road through village

Follow river. Keep the river
on your right at all times
until this footbridge, where
you will cross the river

Cross footbridge, and
take left turning off
the road across field

Take left hand turn
before the road bridge, in
order to pass under A12

CP6



Cross back over the river and turn right onto road. Pass Willy Lott's cottage

Turn right onto Bergholt road. Follow road towards Cattawade

Carefully follow path. You will pass under a pylon shortly after Willy Lott's cottage

Official end of Stour Valley Path

Look for right hand turn off Bergholt road, leading to Cattawade picnic site. Carefully cross over the A137 and follow the road past the Cattawade Crown to the finish area

Finish, well done!!!